

# RECOVERY IN MOTION

Recovery & Wellness Center  
 "Supporting Our Community & YOU!"

300 Scheeler Road \* Chestertown, MD 21620  
 410-778-6404 x3255

### Hours

Monday, Tuesday & Friday 9am-5:30pm  
 Wednesday & Thursday 9am - 6pm



## NEED TO TALK?

Kent County residents seeking peer services please call or text our No Harm in Helping on-call peer at 410-490-4715 available 24/7/365.

### PEERS CAN HELP WITH:

- Referrals to Substance Use Treatment
- Information about Support Groups
- Harm Reduction Services
- Naloxone Education & Distribution
- Reducing feelings of isolation and loneliness
- and so much more!



### NEED A RIDE TO TREATMENT?

AFWC will be offering pick-up services to treatment.

For more information please call 410-778-6404 press#1



# March

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5 4pm - Men's Peer Support Group	6 4pm - Women's Peer Support Group	7 1pm-4pm NHIH Outreach Big Mixx - Chestertown 7pm - Kingdom of God Community Bible Study
10	11	12 4pm - Men's Peer Support Group	13 10am-1ppm NHIH Outreach Galena Library 4pm - Women's Peer Support Group	14 7pm - Kingdom of God Community Bible Study
17 Happy Shamrock Day	18	19 4pm - Men's Peer Support Group	20 4pm - Women's Peer Support Group	21 7pm - Kingdom of God Community Bible Study
24	25	26 4pm - Men's Peer Support Group	27 4pm - Women's Peer Support Group	28 7pm - Kingdom of God Community Bible Study
31				 <p>Follow Us on Facebook For Event Details And Updates</p>  <p>SCAN ME</p>

**Our Peers are here to support you on your recovery journey! We offer a variety of services, such as job seeking assistance, linkage to community partners, one-on-one peer support, Narcan training and support groups. Look for other exciting news and events on our Facebook page!**